#### WEST DANVILLE.

(Mrs. E. F. Ayer, Correspondent.) Howard Blossom of Barre is occupying the Drown cottage.-Harold Bean of St. Johnsbury has moved into Nelson Ranney's cottage for the summer.-Dr. Watt and family of Barre are occupying their cottage.-Mr. and Mrs. Oscar Beck of St. Johnsbury are occupying their cottage.-Bert Gerry spent a few days at Walden last week. -Mrs. George Kittredge spent Saturday at Hardwick .- Mrs. Clayton Farrington and children have been spending a few days at Passumpsic.-Bert Gerry has gone to work for H. P. Hood and company .- Mr. and . Mrs Leon Perkins and little son of Hard- waste. wick spent Sunday here with her parents, Mr. and Mrs. E. F. Ayer .-Quite a heavy thunder shower struck here last Sunday afternoon.-W. Connor is surveying for Albert Daniels .-John Armstrong has finished work for Gilbert Hastings and Oscar Roy of St. Johnsbury is to take his place ir the store.-Miss Goldie Swasey has finished work at Lyndon Center and came home last Thursday.-Katherine Mulroney of St. Johnsbury spent Wed Underwood of Barton was a guest at Gilbert Hastings' last week .- Mrs Gilbert Hastings secured 35 members for the Red Cross last week .- The Ladies' Aid will hold a supper at the

Rowe of St. Johnsbury spent one day last week at George Cook's.

#### HEALTH-TALK

How To Avoid Nerve-Srtain During work obviates the difficulty. These Days of Strenous Living

Each person has to think a great father did. More mental work is required of each subordinate as well as of profit, and need to cut out all

lack of proper exercise, poor ventillation, and perhaps too long hours of will be practically eliminated. confining work in overheated rooms. These physical causese are responsible or many nervous breakdowns which nesday at Gilbert Hastings' and Ray are erroneously assigned to overwork

and worry. The nervous system is not only very compact and continuous so that all in Torrington, Conn., the last of the parts are soon affected if one part suf- week after disposing of all his mothers, but also the nerves connect with er's things. Irvin Brown and mothchurch Thursday June 7 .- Martir he muscles in such a way, that they er visited at Carl Houghton's, St

Fair List Prices Garage Fair Treatment

must be well cared for and used in order not to be a drag on the nerves Too often the same kind of work is continued too long with the result of fatiguing the nerve-centers controlling the parts used. Change of

The best ways to avoid nerve-strain are:- first, to live simply, and ac cording to hygienic laws; second, to deal more than formerly in order to have a variety of kinds of work in live as well as his father or his grand- the daily routine, and some recreation: third to live without worry knowing that all things work togethhead-worker, in proportion to his er for good, if we use our best efforts, manual work to succeed in his call- and consider the good of others as ing. Ther is keener competition in well as our own. One needs to conall kinds of business, smaller margin tinually practise the fine art of selection, and to choose the right things work and friends. "Plain living and The use of the telephone and tele- high thinking," is a good rule always graph makes it possible to have more to follow. Simple living, clear thinkclose relation man to man. This ing and cooperation with others who makes fuller life possible, but at the are good thinkers and workers, will same time subjects one to nerve-strain lead to the best and largest efficiency. that is not healthful. The real causes Work well and don't worry about of this nerve-strain are malnutrition, what cannot be helped, and life and power will develop, and nerve-strain

> (Mrs. D. S. Roberts, Correspondent) Roy Drake returned to his home

Johnsbury, Sunday.-David Dopp and Ray Lewis were at their homes for Sunday.-William Peck and Len Thomas are spending the week at Preenhoro Lake.-Mrs. Lute Chesley and children have returned from a visit at Thetford.-Nina Chandler is helping Mrs. James Allard.

#### EAST ST. JOHNSBURY

(Mrs. G. M. Dodge, Corrspondnt) The funeral of James Grout who ied at his home at the "Grout Farm" Friday night was held Monday afterloon at his home, Rev. A. V. Fisher officiating. Mr. Grout had been in falling health several months but his friends did not think his death wa. so near. He was a member of the Congregational church in this village and had always lived a quiet blameless life, respected by all. Mr. Grout was 65 years of age. - Amos Bowen is spending a few days in Swiftwater. N. H .- Mrs. Irving Tyler and little son accompanied by her mother, Mrs George Wood returned to her home in Littleton, N. H., last week .- The many friends in this place of Dr. Sidney McCurdy of Youngstown, Ohio, will be interested to know that he has enlisted as surgeon and will sail for France in the near future. Dr. and Mrs. McCurdy will spend a short time with his parents, in Andover, Mass. before his departure.-Mrs. Grace Griswold Arundell and little son of Jurreau, Alaska, are spending the summer with friends and relatives in this village and vicinity.-Mr. and Mrs. Barton Works of Concord, called on friends in this village last Thursday.-Miss Nannie Bran was called to St. Johnsbury Saturday by

Mrs. J. A. Winslow and daughters. Misses May and Nellle Stiles, are in Boston this week to attend the grad uating exercises at Boston University Mrs. Winslow's brother. John Harvey is one of the graduater from the med ical department. Mr. Harvey is also valedictorian of his calss.-Rev. Leor Peabody of St. Johnsbury- preached here Sunday morning in exchange with Rev. A. V. Fisher.

#### GREENSBORO BEND

(Mrs. W. H. Hill, Correspondent) Annabelle Hartson is staying for a while with her mother at B. D. Pi per's.-J. B. Silver has sold his place to his father and given possession .-L. J. Forrest and family of Barnet visited at B. P. Vallencourt's Sunday. -Mr. and Mrs. George Allen of Greensboro visited at Richard Allen's Sunday.-Millard Douglass is working for Will Hill .- W. D. Hill was in Hardwick and Wolcott Tuesday .-Pre-memorial exercises were held at in Hardwick Tuesday.

#### NORTH DANVILLE

(Alic P. Massey, Correspondent) G. W. Gillis of Danville installed Allen's .- Mrs. Clara Cleveland of Boston is visiting her daughter, Mrs. Ol-Exley.-Elgin and George Paquin of Springfield recently visited their aunt and uncle, Mr. and Mrs. Elgin Gates. Mrs. Gates is very poorly .-Carl Smith of Danville is working at F. C. Allen's, running his tractor.-Miss Florence Clifford and James Ayers visited Mrs. Cora Ayers at Mr. Crane's in Danville Sunday .- James Ayers was called to St. Johnsbury Monday by the death of his cousin, Ralph Hooker .- John and Robert Mc-Gill commenced work at Fairbanks shops Monday.—Benjamin Stanton and Benjamin Clifford, Jr., attended church at Danville Sunday.

### LYNDON CENTER

(Mildred Rivers, Correspondent) Mr. and Mrs. Carl Burte and Mr. and Mrs. Will Houston from Concord were Sunday visitors of Mr. and Mrs. Fred Lynaugh.-Mrs. D. E. Eastehbrooks have purchased a new piano from McLean's Music Store, St Johnsbury.-Fred Lynaugh has purchased Mrs. A. S. Fletcher's horse.-C. C. Caswell has been spending a few days with his brother, George Caswell at Chandler Pond.-Mr. and Mrs. Allen Lynaugh and daughter, Glenn from Lyndon and Mr. and Mrs. Harold Blodgett from Waterford spent Sunday with Mr. and Mrs. Fred Lynaugh.-Mr. and Mrs. Fred Lynaugh were called to Concord by the illness of his brother, John Lynaugh.-William Davis has moved from the Harris house to a house on Speedwell farm .- Mrs. W. H. Lyster is spending a few weeks with her sons, Benton and Morton Lyster at Rochelle, N. Y .-- Mrs. Sarah Poulter, who has been visiting her sister, Mrs. W. H. Lyster has returned to her home at Walpole, N. H .- Mrs. Ruth Cowing. who has been quarantined at the Sanborn House for scarlet fever, has gone to her home at McIndoes.—Helen Collins from Orleans spent Sunday with her uncle and aunt, Mrs. C. C Caswell.-Luther Lawson spent Sunday at his home .- Mrs. William Brad. ley and Mrs. Jane Ingall are sick .-Miss Olive Bennett from Danville is ill at the Sanborn House with scaret fever. This is the second case of the school this year. John Seace has moved into the Harris tenement lately vacated by Will Davis,--Mrs. Grace Gould who has been substituting as teacher at Walden Heights for two has returned home .- Mrs. Theo Harris and daughter Alice were in St. Johnsbury on business Satur-

### PEACHAM.

Mrs. W. S. Sanborn, Correspondent.) Mrs. F. E. Palmer and Mrs. Martin Hidden have gone to North Hartland for a week's visit.-Mr. and Mrs. Ray Kinerson were at Groton Sunday. Mrs. Daniels and sons of Waterford were at Walter Thomas' Sunday .-Mr. and Mrs. Guy Granger of Pas-

DIFFERENT—BUT SATISFACTORY.
Indigestion causes worry, nervousness, sick headaches, biliousness, coated tongue, bad breath, bloating, gas, constipation and constant distress. W. A. McRae, Raleigh, Ga., writes: "Foley Cathartic Tablets cleanse my system thoroughly and do not gripe or hurt at all. I recommend them to others and all find them entirely satisfactory and wonderfully different and more pleasant than anything, ever seen."

They cleanse the bowels, sweeten the stomach invigorate the liver. Chas

sumpsic were recent visitors at Harrison McLachlin's .- Miss Lena Wheeler was home from her school at Walden over Sunday.-Frank Allen, who has been attending school in Michigan for two years, is home for his vacation.-A surprise was given Fred Powers by neighbors and friends on Saturday night, it being his birthday. About 35 were present. Refreshments were served and a general good time enjoyed .- Mrs. B. T. Way of Manchester, N. H., was at her father, G. A. Stoddard's, two days last week .-The meeting of the Brotherhood and Laurel Band at the home of Mr. and Mrs. George Esden on Friday evening was a very pleasant affair, about 33 being present.—Commencement week will begin at Peacham Academy on Sunday, June 10, by the baccalaureate sermon which will be preached by Rev. Mr. Laird of West Barnet. -Dr. R. C. Goss of Rochester visited his parents, Mr. and Mrs. Frank Goss, Saturday and Sunday, coming in his auto.-Mr. and Mrs. Arthur Blake and daughter, Gertrude, of Marshfield and Mrs. Rollie Robertson and daughter, Iva, of Underhill visited at A. Welch's Sunday .- Mr. Goodrich Hickey are the guests of Mr. and Mrs. from Connecticut is working for R. A. Child in Springfield, Mass., this Frank Chandler .- Mr. and Mrs. John week. Blampede of Burington were guests of Mr. and Mrs. John Varnum part of business visitor in St. Johnsbury Tues- serves who left town Sunday afterast week on their wedding trip.-Mrs. day. Merritt Hunt was quite ill on Sunday. -Mrs. Eli Goodenough and daughter, ville was among the out of town visit- will be glad to hear from their home Eva. of Northfield, who have been at Alfred Peak's, went home Saturday. She was accompanied by her mother, of East Ryegate, spent Tuesday in Binghamton, N. Y., by the death of Mrs. Ralph Davis, and sister, Miss town, shopping. Rose Davis.-John Bridge, Sarah Halcrow, Elson Douse and Ella McCosco were at St. Johnsbury Saturday, also Mr. and Mrs. Millen, Comer Moore and Francis Moore.-Mrs. Albert Peak is spending a few days with her laughter, Mrs. Frederick Foan, at St. Johnsbury.-Mr. Guthrie of East

#### **PERSONALS**

L. H. Mingins of Richester, N. Y.,

lays at McIndoes.

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Harold Spear of Burlington was a

ors in St. Johnsbury Tuesday. Mrs. Brock and daughter, Gertrude

Mrs. Stewart of McIndoes Falls visited in town Tuesday.

Mrs. Jerley Henderson is visiting relatives in Hardwick this week. O. P. Hooker of Peacham called on friends in St. Johnsbury Tuesday. Joseph Forrest of Concord spent

Tuesday in St. Johnsbury on business. Peacham has been visiting for a few Mrs. E. H. Redding of Hardwick visited friends in town Tuesday. George E. Morse of Boston among the business visitors in St.

Johnsbury Tuesday, Mr. and Mrs. Maurice Gray of Wat-

erbury have been visiting at the Port-Theron Calderwood returned home from his school at Boston University

for the summer vacation. Letters received from the Naval Renoon state that they are now located Mrs. George McDowell of Lyndon- at Commonwealth Pier, where they friends.

Stephen Baldwin was called from James A. Grady.

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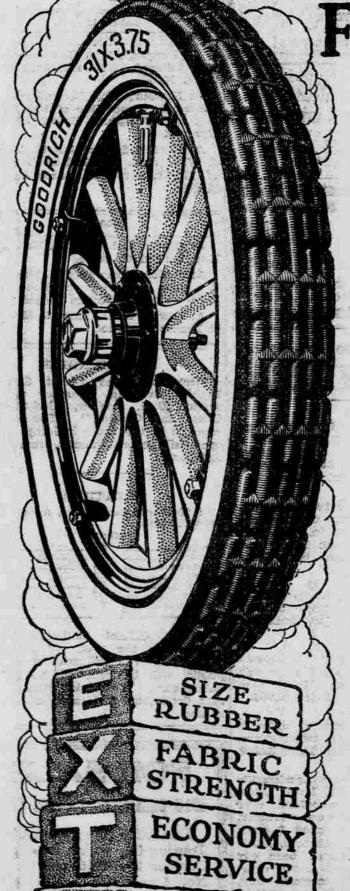


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